Assessment Type: Program
Year/Term: 2016-2017

Program: PAH Capstone

Learning Outcome: Program Learning Outcomes (PLOs)

Assessment Method/Tool: Program Outcomes Capstone Rubric

Measurement Scale: 3-1 (Excellent Average Poor)
Sample Size: 49

	3-Excellent		2-Average		1-Poor		NA
Communication	39	80%	8	16%	1	2%	
Integrated Learning	39	80%	8	16%	1	2%	
Applied Learning	39	80%	8	16%	1	2%	
Civic Engagement	38	76%	7	14%	1	2%	2
Critical Thinking	39	80%	8	16%	1	2%	
Median %		80%		16%		2%	

Benchmark: **100%** Institutional benchmark goal for percent of students to meet "Proficient" or "Adequate" levels

Number Achieving Benchmark: 47 **of how many participants? 49**

Percent Achieving Benchmark: 96% Actual percentage of students meeting "Excellent" or "Average" levels in all areas with 94% meeting civic engagement. We had one incomplete and one non-major

Closing the Loop:

Ninety-six percent of students (47 out of 48) meet or exceed PLO outcomes in the AY17 cohort. While 4% short of the benchmark of 100% for program outcomes, the 4% represents just one student. The strength of the capstone is that students are asked to apply skills and knowledge they have learned in both research and community settings, and often this overlaps. The capstone project appears to provide an appropriate culmination of the degree program.

Action Plan: With the civic engagement portion of the degree may not be a suitable an outcome for all capstone projects. Thus, we may consider this as on optional learning outcome for further capstones. Most of our capstones have been project-based. We may consider certification preparation as satisfying the capstone requirement. We are going to re-assess our alignment of our degree program outcomes with our capstone outcomes.

Program Learning Outcomes

Learning Outcomes required for graduation The Physical Activity and Health Degree Program requires that students meet the following standards that exemplify what a professional in the field should achieve:

Communication
• Inquire, Create, Communicate: Demonstrate a standard of communication through writing proficiency by completing writing intensive classes. Every student must complete this requirement either through specific coursework in designated classes (EXS 311, EXS 323, and HWS 351), or another acceptable format. Program specific writing requirements are measured using a common rubric.
• Complete the Computer Literacy Requirement: Take EXS 312, EXS 322, EXS 3

Community-Based Learning
• Civic or Community Engagement: Demonstrate engagement with diverse communities through experience working with Older Adults (HWS 422 and 423); with special needs populations (EXS 440, 444); or within the community (HWS 350, HWS 351, HWS 352, HWS 412, HWS 413).

Physical Fitness
• Applied Learning: Demonstrate a standard of health- related fitness by achieving at least the 65th percentile on a physical ability test*. Every student must complete this requirement either through specific coursework in designated classes (HWS 298, EXS 323), or they will demonstrate completion in another approved format
• Competency in First Aid and CPR (either through completion of PES 252 or by demonstrating certification through a recognized organization, e.g. Red Cross.)

Academic Performance
• Content Knowledge: Demonstrate competency in the academic content of physical activity and health by completing all PAH course work a grade of "C-" or better. Each individual course lists specific outcomes. Through discussion, examination, laboratory experiences, and application of concepts; students are assessed and graded according to their performance.

Practical Application
• Integrated and Applied Learning: Demonstrate understanding of physical activity and/or health concepts and ability to communicate essential elements of the discipline through completion of the capstone experience. Within the capstone experience, all students are required to do the following: Complete a capstone project (PES 495 and PES 496) during the final academic year of study. Each capstone project is different, but must include a setting applicable to a recognized content area of the program.